

Resident Engagement Institute for Senior Living

Linked Senior's Decoding Dementia Gathering September 20th

Linked Senior Team Member

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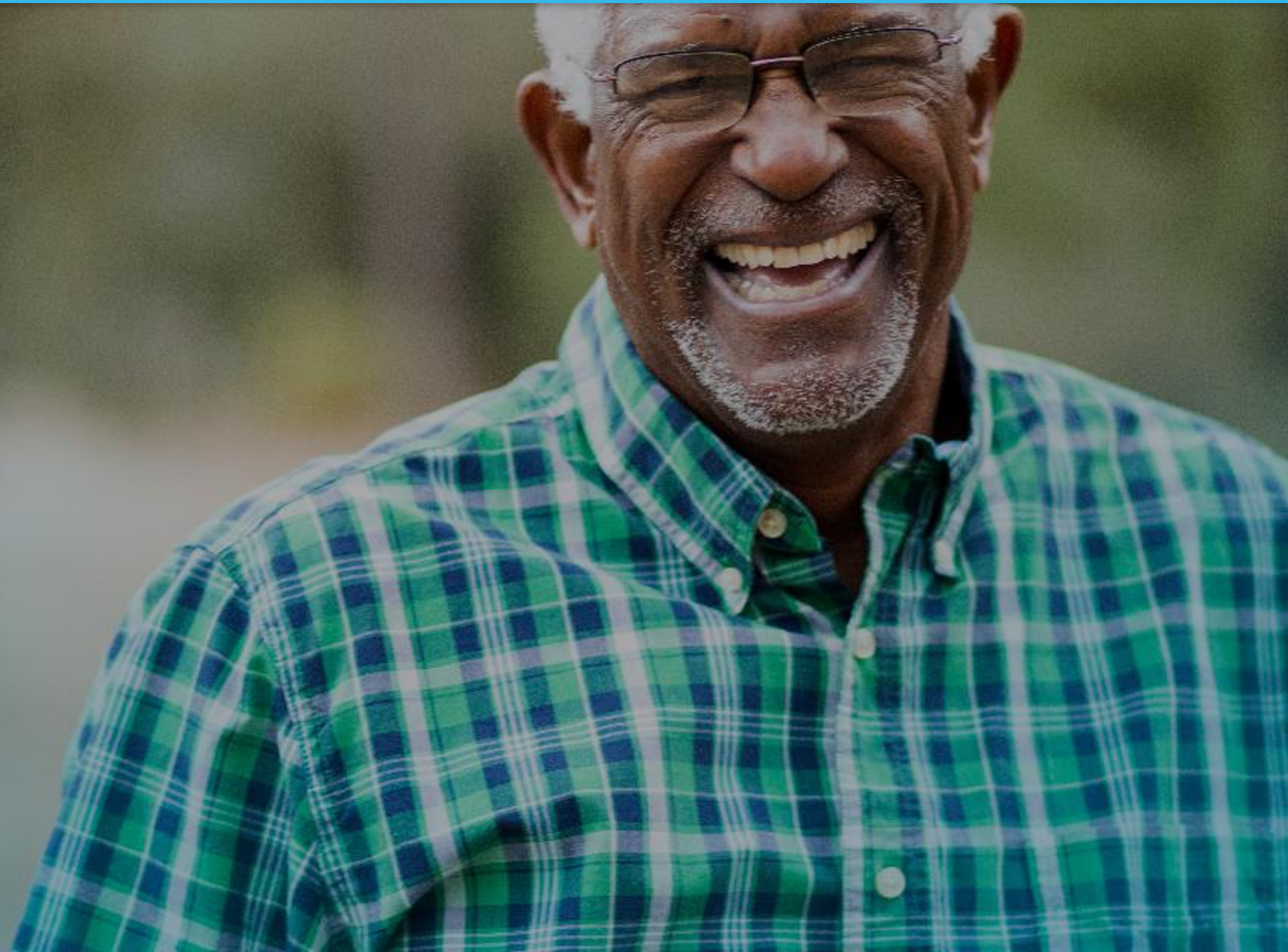
1 Overview of the REI

2 REI Faculty

3 REI Research

4 REI Publications

5 REI Education



Vision: Making social prescription the standard for senior living resident engagement

Mission: To empower senior living activity and life enrichment care partners with education, tools & support to elevate resident engagement for all Elders.

Objective: Defining a new era in resident engagement by establishing tools, benchmarks and strategies that are implementable for senior living operators and the staff that engage residents every day. The work of the institute is measurable and quantifiable on satisfaction, health and wellbeing outcomes. It will be rooted in research, exclusive data sets from the Linked Senior published studies, faculties' and clients' initiatives, and the #ActivitiesStrong initiative.

Exclusivity: The REI is exclusive and available to our Linked Senior customers.

Social Prescription In Senior Living:

- Our social surroundings impact 70% of our health - where we live, our education, who we interact with, our meaning and purpose in life, and our strengths and weaknesses.
- ‘Meaning is medicine’ - providers can fulfill more than 70% of an aging person’s health care needs by simply providing meaning through engagement.
- Providing care that supports all domains of wellness of the person, not just their physical needs.
- This is done through the use of prescriptive engagement.

In Dementia Care:

- There is no medical treatment for dementia. Therefore, the medical model doesn't work here. The Social Prescription model works here.
- To understand the disease and its progression and how it's impacting each individual person and their caregivers.
- To know who they are and incorporate that into their care, engagement and interactions. Let their essence of who they are be their driver of their care.
- Staff need to enable Social Prescription by engaging 'with' the person, not 'to' the person (i.e., eliminate task-oriented mentality and exercise a person-oriented mentality).



RESIDENT ENGAGEMENT INSTITUTE

Powered by Linked Senior

Bringing you international expertise in the field of programming and dementia care with our faculty.

rei.linkedsenior.com



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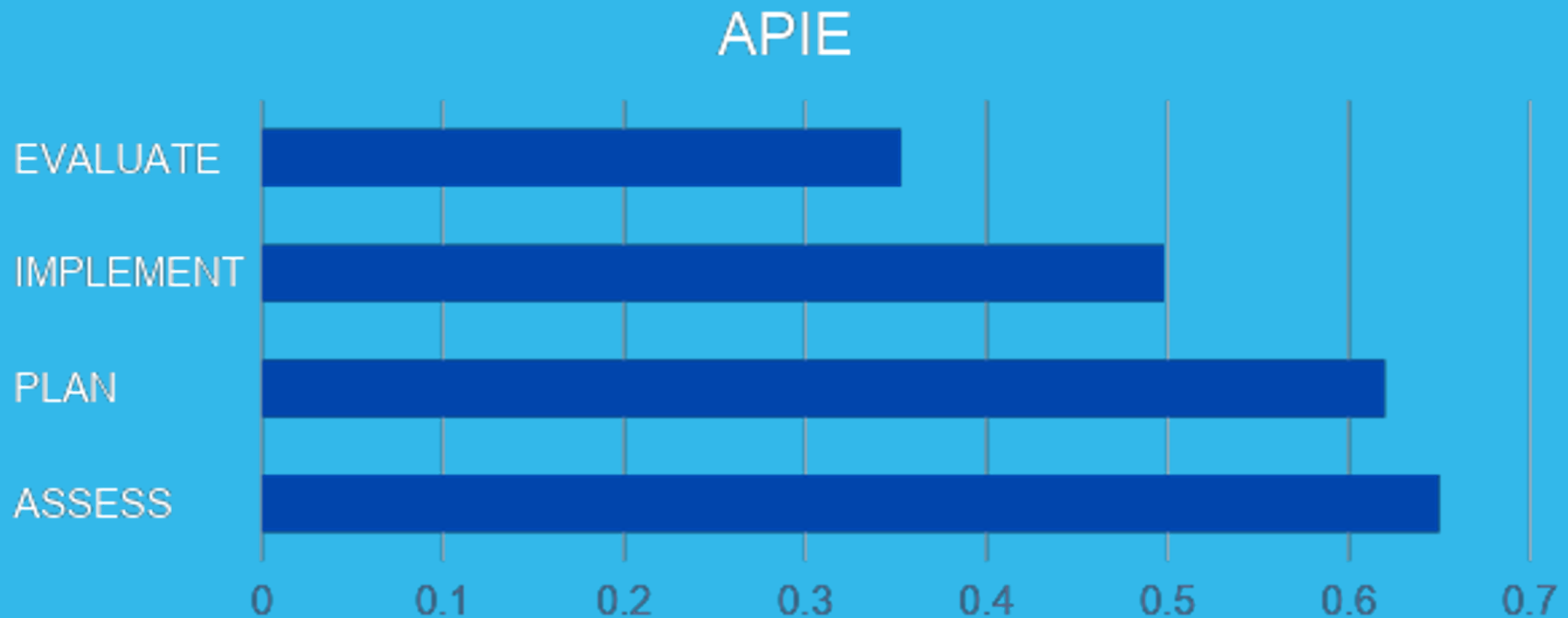


KAY VANNORMAN

Elder Engagement Performance Improvement (EEPI) Tool

- It is a self-inventory to assess and set goals to improve how senior living providers deliver the experience residents want and deserve.
- Looks at how organizations are doing with the APIE (i.e., Assess, Plan, Implement and Evaluate) process.
- Use the EEPI tool as part of QAPI and show Administration the improvements over time.
- To assist organizations in improving the APIE process to measure the clinical and financial outcomes.
- We have had 200+ submissions.

- Grade findings:



Also, a low ratio (28%) look at their residents' clinical outcomes.

- Conclusion: Gathering of data and setting up the plan of treatment is average at best, but even more so, the carry through and the re-evaluation of what is working or what is not working and understanding how engagement impacts residents' pathway to health is lack luster.
- However, the EEPI data indicated that 77% of activity professionals seek out evidenced-based research to some capacity, with 51% using it 50% or more of the time.
- Therefore, we know that activity professionals crave and utilize models such as APIE but maybe just haven't been introduced or educated on it yet.

Supporting Resident Engagement Via Digital Tools: Experience of Activity Professionals from Long-term Care

Xiaoli Li, Jennifer Stelter, Stan Ingman, Jean Keller,



Method

Method:

We conducted semi-structured interviews with 19 long-term care staff (e.g., activity professionals, life enrichment professionals, nursing aides, social workers, and volunteers) and analyzed interview transcripts using qualitative content analysis. This study was approved by the Institutional Review Board (IRB) of the University of North Texas.

Inclusion criteria:

Activity staff worked more than three months in long-term care facilities, familiar with the tool (EEPI), be able to speak about their experiences.

Data collection:

The interviews had two main sections: 1 professional background and current role to assess resident engagement within their respective settings, and demographic data are gathered from participants.

Results

Participants are all female; average age is 48 years old. Ten percent (13%) have less than two years' experience. Thirty-five percent (35%) of the activity directors have three to five years experience. Forty-eight percent (48%) have over six years experience.

Four themes:

Lack of assessment

57% participants said they did not have self-assessment tools for activity professionals in their department, while the 43% participants using Leisure assessment, person-centered measurement, resident assessment, and yearly review to exam if they meet their goals.

Acceptance of technology tool

84% participants showed the EEPI tool is easy to use, and 89% activity professionals agree that taking the EEPI tool was worth their time. 90% think that the EEPI tool will benefit how they approach resident

Conclusion

By providing qualitative data from frontline workers in long-term care facilities, The study showed that the digital tool was valuable in improving engagement quality and making engagement more targeted. If activity professionals can overcome technical and practical barriers (such as time management, staffing issues, and communication), digital tools could become an innovative engagement tool for staff in long-term care facilities.

The study contributes to technology strategies for achieving resident engagement. The digital tools facilitated activity professionals' interaction with residents and involved the residents' input in their care, which may enhance resident engagement and reduce the risk of social isolation in long-term care facilities.

Elder Engagement Performance Improvement (EEPI) Tool

- We have provided Coaching Sessions on best practices of APIE and how to implement them.
- Within the Linked Senior platform, we continue to educate and facilitate the APIE process to reach these desired outcomes.
- Contact us for more information.

- White papers
 - 2022 Publication, titled [Enabling the Social Prescription Model in Senior Living](#).
 - Next publication due out this fall.
- Frameworks developed with the faculty
 - Vicki de Klerk and Linked Senior partnered together to publish the first of its kind, called [Resident Engagement and the Validation Method](#).
 - David Troxel and Linked Senior collaborated on the Best Friends™ Approach framework, called [Resident Engagement and the Best Friends™ Approach](#).

REI Spotlight in the Customer Newsletter

- In March, Robert Espinoza wrote a blog about why states should strengthen the direct care workforce.
- Kay Van Norman was featured in our April REI Spotlight, blogging on 'Helping Residents Thrive "In-Community"'.
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- Cameron Camp's blog was published in May's edition, writing about why we need to be seeing dementia as a human rights issue.
- Rachelle Blough, in conjunction with Lynn Biot-Gordon, Founder and COO at ICCDP/NCCDP, wrote about "Parallel Programming...What is this all about?" in June.
- David Troxel's piece was published in July: "Friendship and Dementia Care".

REI faculty presenting at the #Activities Strong webinars

- David Troxel and I presented on *Planning Dementia Care with Purpose* at the Winter Gathering in December 2021.
- Cameron Camp co-presented in January 2022 on *Montessori: The Ultimate Person-Centered Approach to Leadership Development, Staff Engagement and Dementia Care*.
- Vicki de Klerk and the Validation Institute collaborated with us for the first ever *Validation: First World Congress* in February 2022.
- Robert Espinoza spoke on June 7th, titled *Building Real Communities with Engagement from LGBTQ+ Older Adults*.
- Cameron Camp, David Troxel, and myself presented at our June Summit on June 21st titled *Dementia Care: Social Prescription in Action*.
- Rachelle Blough recently presented on *Creating Winning Resident and Community Volunteer Programs* on July 26th.
- Jessica Ryan and myself, at the Dementia Connection Institute, will be presenting on *The Perfect Day in Dementia Care* on October 25th 1PM-2PM EST. Sign up at



We support social prescription as a main approach to person-centered care so that every resident **has a choice** and can **live with purpose.**

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