

DEMENTIA INCLUSIVITY: OUR JOURNEY

SIX YEARS AND GROWING



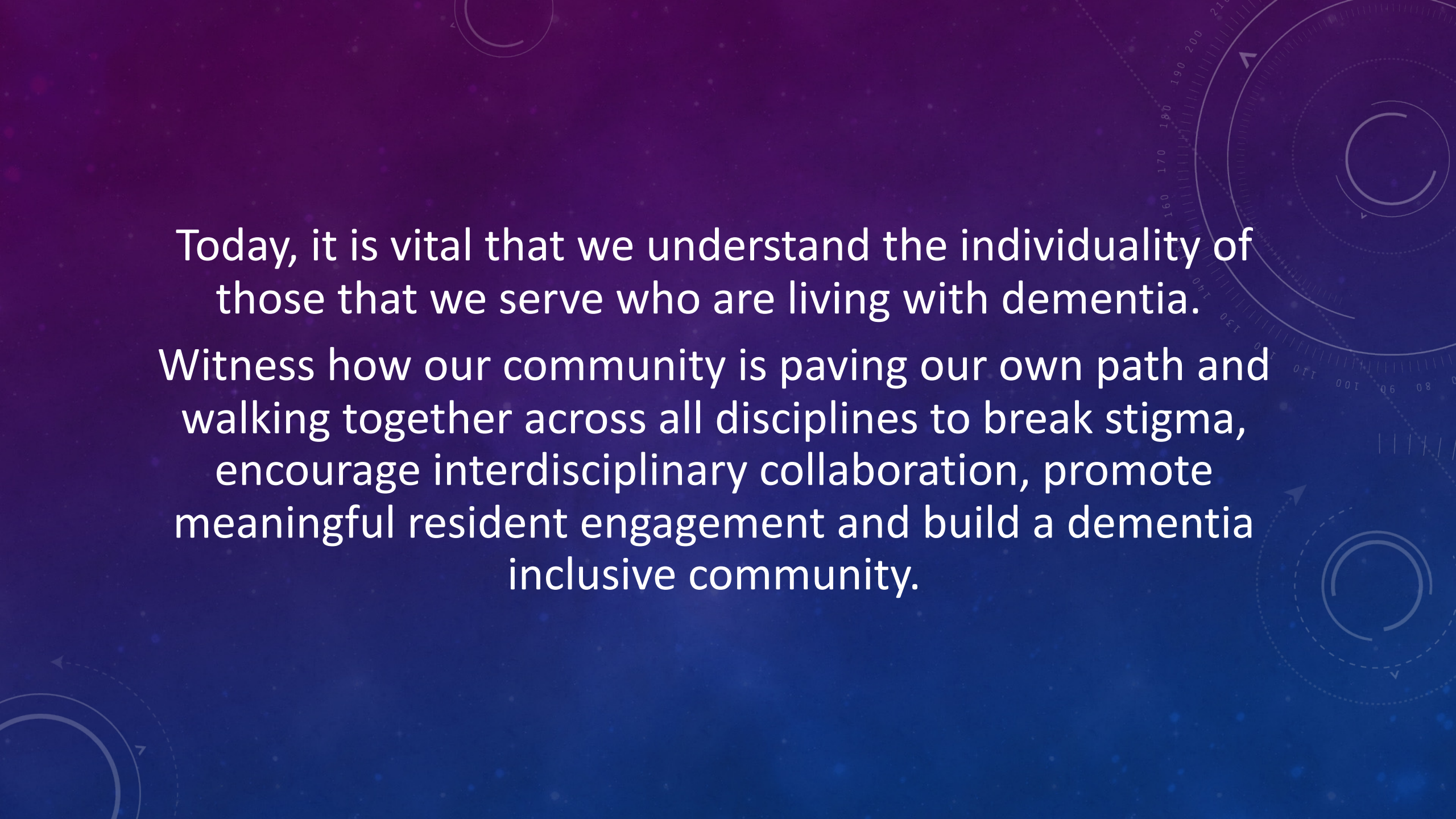
DONIELLE PALMER

Director of Resident Services
Westminster Canterbury
Shenandoah Valley



ABBY D'ARCANGELIS, MT-BC

Music Therapist, Westminster
Canterbury Shenandoah Valley



Today, it is vital that we understand the individuality of those that we serve who are living with dementia.

Witness how our community is paving our own path and walking together across all disciplines to break stigma, encourage interdisciplinary collaboration, promote meaningful resident engagement and build a dementia inclusive community.

POLL



Is your community on a dementia
inclusivity journey?

OBJECTIVES

Define dementia inclusivity and discuss its vital importance.

Identify how to start and maintain a dementia inclusive community.

Recognize valuable tools and resources to promote meaningful resident engagement.

THE JOURNEY BEGINS...

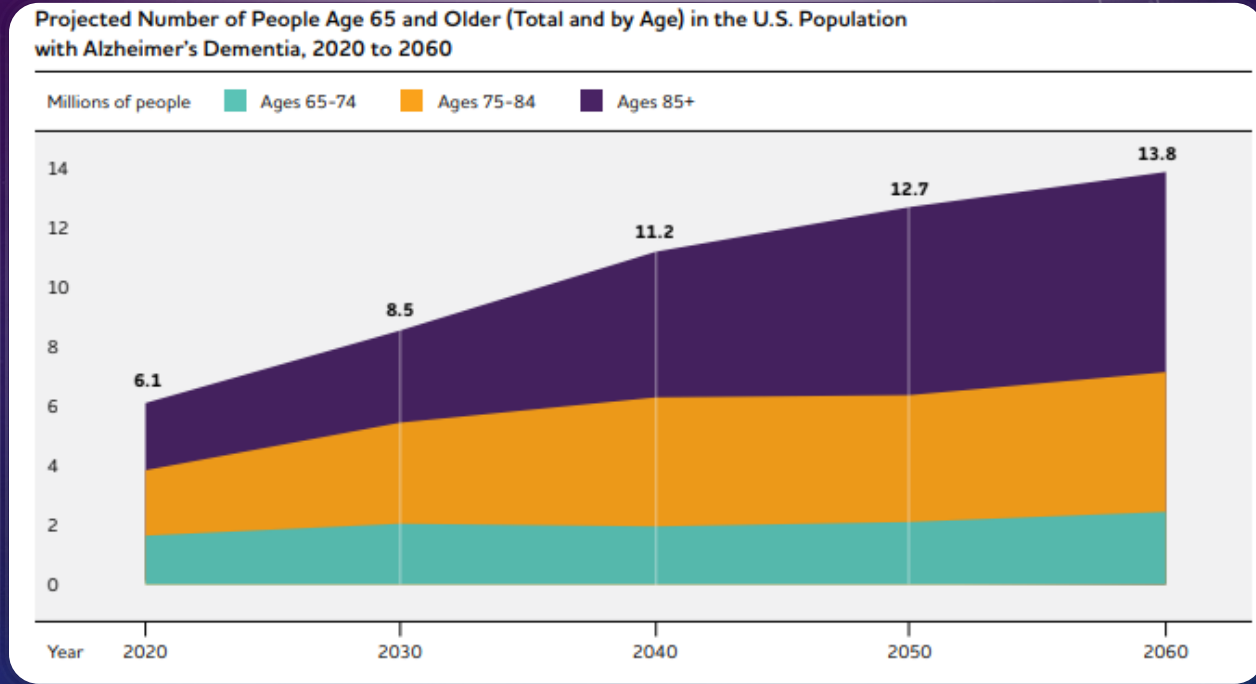
Our formal Dementia Inclusivity began in
2016 with the formation of the
Interdisciplinary Dementia Inclusive
Committee (IDIC).

The background is a dark blue gradient with a white curved line at the bottom. On the left, there is a large circular scale with degree markings from 40 to 260. Several concentric circles and dashed lines with arrows are scattered across the image, creating a technical or scientific aesthetic.

WHY NOT DEMENTIA INCLUSIVITY?

STATS

By 2050, the number of people age 65 and older with Alzheimer's dementia is projected to reach 12.7 million.



OUR MISSION FOR THE IDIC

to identify what we are doing well at SVWC when caring for persons living with dementia AND to improve upon inclusion and care for individuals living with dementia, both at SVWC and in the greater Winchester community

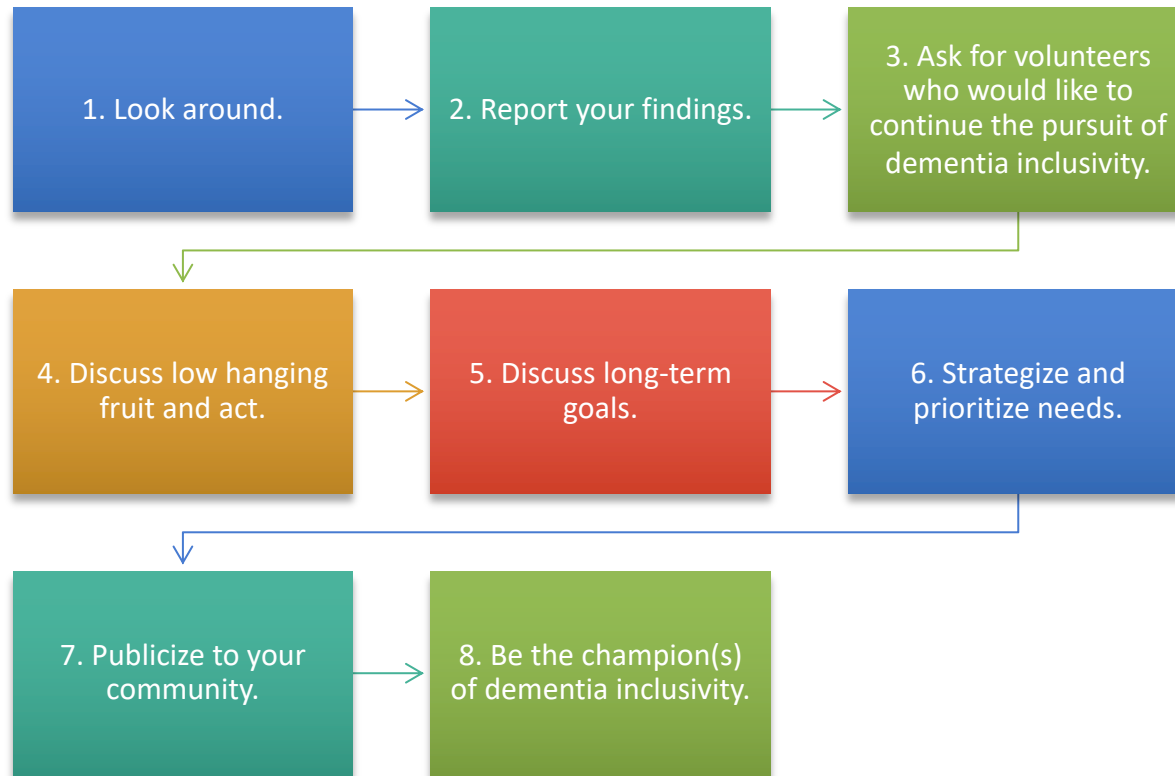


WHO WE ARE

Housekeeping
Social Work
Nursing
Dietician
Finance
Administration
Hairdressers
Activities
Foundation
Marketing
Music Therapy
Resident liasons



WHERE TO
BEGIN?



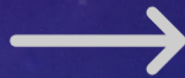
KEEP UP THE
MOMENTUM

BUT HOW?

- Staff publications
- Resident publications
- Games with prizes
- Presenting to your board
- Making administration aware of changes
- Informing families
- Town Halls
- Yearly education

- Round tables
- Engaging Residents to be a part of the change
- Questionnaires
- Presenting to your Residents
- Council meetings
- Resident Association meetings
- Orientation

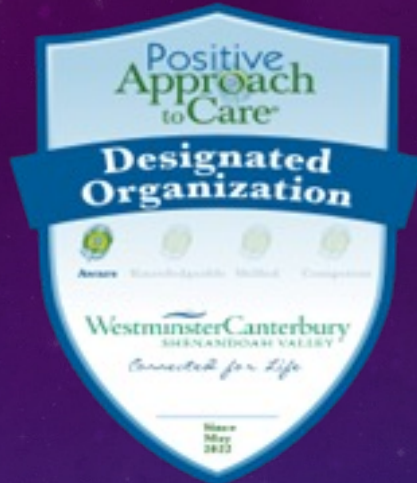
**See
handout!**



Culture Change Champion May 2022



To know Debbie Ambrose is to know a true leader of dementia care, culture change and person-directed care. Debbie recently retired as the full-time housekeeper in our memory enhancement neighborhood after working at SVWC for 8 years. In her time at Westminster, Debbie went above and beyond her job duties to share her passion for persons living with dementia. She was an active leader and coach in the Positive Approach to Care, a role she took seriously and modeled consistently in her everyday work. She routinely offered friendly suggestions to staff struggling with the PAC approach. Debbie also bravely stepped up to the plate to facilitate the Living with Dementia support group when a leader was needed. Day in and day out, Debbie wore a smile and shared genuine, heartfelt, positive interactions with residents and staff. Your everyday presence will be missed, Debbie! Thank you for your years of service and inspiring leadership.



The Power of Words
Using language that supports a dignified and respectful culture of aging

May's Word of the Month:

Person living with dementia

(Instead of "suffering from dementia," "demented" or "dementia patient")

Dollars for Dementia



CONGRATS

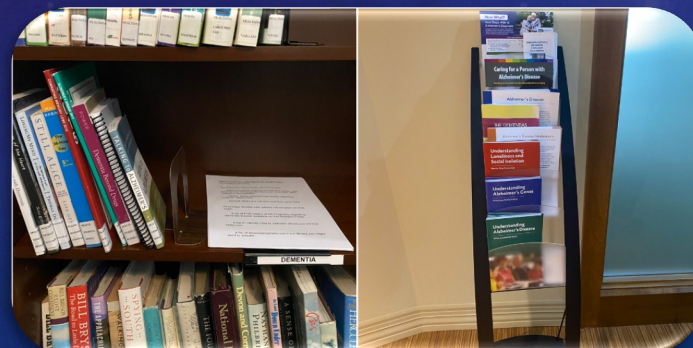
Kristi Brill
Nancy Ramey
Cassandra Renzy

They correctly answered the question "How should you refer to someone instead of saying they are **demented**, **suffering from dementia** or a **dementia patient**?"

The correct answer is...a **person living with dementia**.

Be Informed, Be Aware, Win Money.

Please stay tuned for the next installment of Dollars for Dementia, where you could be randomly selected to answer a question about dementia and win a dollar if you answer correctly!



TOOLS

TO GET YOU STARTED ON YOUR JOURNEY



ARTIFACTS OF CULTURE CHANGE 2.0 (ACC)

- Resident Directed Life
- Being Well Known
- Home Environment and Accommodation of Needs and Preferences
- Leadership
- Family and Community
- Leadership and Engagement

Artifacts 2.0 Grand Total	# Fully Implemented	# Partially Implemented	# Not a Current Practice	Total
Resident Directed Life	33	1	4	38
Being Well Known	13	2	1	16
Home Environment and Accommodations Needs and Preferences	36	0	3	39
Leadership	9	1	0	10
Family and Community	21	7	1	29
Artifacts of Culture Change 2.0 Grand Totals	112	11	9	132
Artifacts Percentages (divide column grand totals by 132)	84.85%	8.33%	6.82%	100%

PERSONAL PREFERENCE TOOL

The IDIC created the “Let me help YOU to get to know ME” tool in 2018.

Let me help YOU to get to know ME..

I prefer to be called: _____

I like to get up around: _____;

and my morning routine includes: _____

I like to go to bed around: _____;

and my bedtime routine includes: _____

My favorite foods are: _____

My favorite beverage is: _____

I do not want to eat or drink: _____

My favorite kind of music is: _____

My favorite song is: _____

I prefer a bath/shower in the am/pm

My favorite activities include: _____

I enjoy watching these types of tv/movies: _____

My spiritual practices include: _____

Specific Assessment Tools



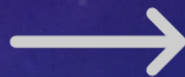
Person-Directed Dementia Care Assessment Tool

**A Guide for Creating Quality of Life and Successfully Refocusing Behavior
For People with Alzheimer's Disease and Related Dementia
In Long Term Care Settings**

**STATE OF WISCONSIN
DEPARTMENT OF HEALTH SERVICES**
Division of Long Term Care
P-20084 (08/2014)

- Linked Senior
- Pioneer Network
- Leading Age - national or state specific
- Teepa Snow & Positive Approach To Care
- Greenhouse Project
- Department of Medical Assistance Services
- Alzheimer's Association
- Dementia Friends - USA or state specific
- National Council of Certified Dementia Practitioners
- CARF International – Dementia Care Specialty Program
- Memory Café Directory
- Dementia Action Alliance

**See
handout!**





Community Partnerships



Positive Approach[®] to Care



Teepa Snow presents

A Positive Approach to Care: Engagement for Care-Partners

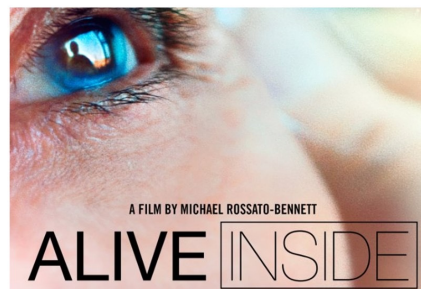
January 11, 2019
1:00 – 3:00 pm

Lord Fairfax Community College
Please register at LFCC's Workforce Solution Website
(seats are limited and will fill up fast)

For additional information, please contact
Donielle Palmer at dpalmer@svwc.org
or (540) 665-5916

The seminar is no charge to the public and is presented by

WestminsterCanterbury
SHENANDOAH VALLEY



Where: Abbey @ Shenandoah Valley Westminster-Canterbury

When: March 10th, 2017 1-3pm

What: A Screening of *Alive Inside* followed by panel discussion
with Abigail Amidon, MT-BC & Amy Hewes, MT-BC

Alive Inside: A Story of Music and Memory is a 2014 American documentary film directed and produced by Michael Rossato-Bennett. The film deals with the subject of people suffering from Alzheimer's disease and how music can help and ease their suffering. This is a joyous cinematic exploration of music's capacity to reawaken our souls and uncover the deepest parts of our humanity. It left audiences humming, clapping and cheering, winning the Audience Award for a U.S. Documentary.

Please call Abigail @ x656 or Donielle @ x916 with questions



Memory Café

"The best thing about memories is making them."



Connect with us for our Memory Café, hosted by
Shenandoah Valley Westminster-Canterbury and The Hideaway Café.

Monday, August 8, 2022, 10am

The Hideaway Café

141 S. Loudoun Street, Winchester, VA, 22601

Started in 2020 as a first of its kind in our area,
the Memory Café is resuming after being on hold with the rest of the world.
A Memory Café is a safe and comfortable space where care-partners and their loved ones
living with any type of dementia can gather to socialize, play games, and enjoy
activities together. Come experience community, laughter, and conversation with others
navigating similar changes and make new memories together. This is a free event.

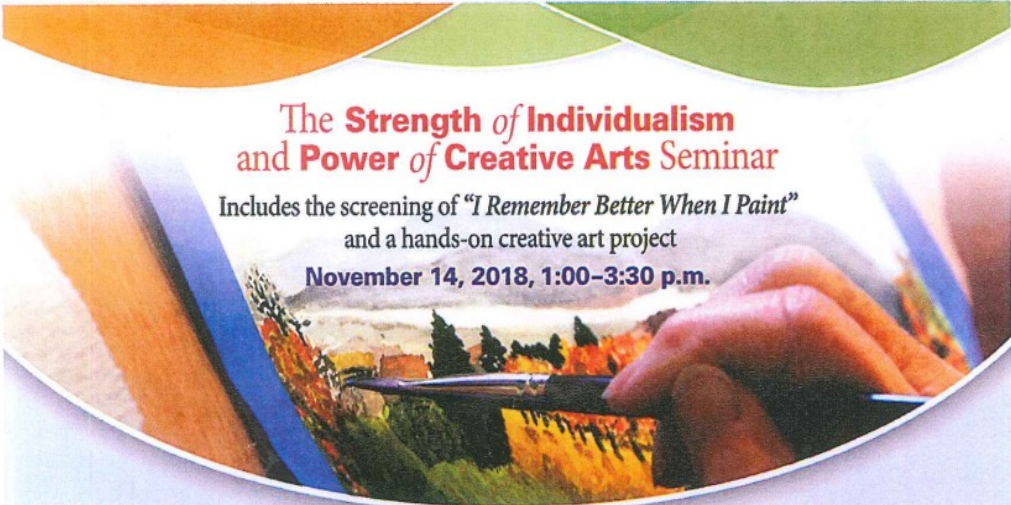
A Memory Café will be hosted by Shenandoah Valley Westminster-Canterbury on the second
Monday of each month.

WestminsterCanterbury
SHENANDOAH VALLEY
Cared for Life

For additional details, contact Donielle Weatherholtz-Palmer at dpalmer@svwc.org







The **Strength of Individualism** and **Power of Creative Arts** Seminar


Includes the screening of *"I Remember Better When I Paint"*
and a hands-on creative art project
November 14, 2018, 1:00–3:30 p.m.

WestministerCanterbury
SHENANDOAH VALLEY

Will be held in the SVWC Abbey:
300 Westminister-Canterbury Dr.
Winchester, VA 22603

**Please RSVP to
Donielle Palmer
540-665-5916
dpalmer@svwc.org
by Wed., Nov. 7th**

Presented by
the SVWC Interdisciplinary
Dementia Inclusive Committee and
WestministerCanterbury
Shenandoah Valley
FOUNDATION





**What is your community doing right now
that we are missing?**

QUESTIONS, COMMENTS AND SUCCESS STORIES

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SHENANDOAH VALLEY

